

PSYCHOSIS REACH



TRAINING PACKAGES

Psychosis REACH Core Training (Silver)

Includes: Priority registration to the Psychosis REACH Core Training, led by UW trainers, for up to 100 individuals.

Psychosis REACH Family Ambassador Training (Gold)

Includes Silver Package plus:

- Training for up to 10 individuals in the Psychosis REACH Family Ambassador Training Program.

Psychosis REACH Training Hub (Platinum)

Includes Gold Package plus:

- Training for up to 10 individuals in the Psychosis REACH Train-the-Trainer Program.

Following completion of the Train-the-Trainer program, organizations will be able to conduct internal training in both the Psychosis REACH Core Training and in the Family Ambassador Training.

WHAT DOES PSYCHOSIS REACH CORE TRAINING INCLUDE?

An 5-hour online self-paced eCourse consisting of:

- Psychosis Psychoeducation
- Caregiver Self-Care
- Cognitive behavioral techniques for psychosis (FIRST Skills)

A 3-hour Live Event consisting of:

- Brief review of the FIRST Skills
- Role plays of the FIRST Skills
- Q & A

[Click here to learn more](#)

WHAT IS A FAMILY AMBASSADOR?

Caregivers who have undergone the Psychosis REACH Core Training + additional training in the Family Ambassador model. Family Ambassadors are peers who work with other caregivers either one-on-one or in group settings to practice applying the Psychosis REACH skills.

[Click here to learn more](#)

WHAT IS TRAIN-THE-TRAINER?

Train-the-trainer is a process by which the UW Psychosis REACH training team will train members at your organization (both mental health professionals and caregivers) to be able to deliver the Psychosis REACH Core Training and the Psychosis REACH Family Ambassador training to caregivers in your state independently.



Supporting Psychosis Innovation through Research, Implementation & Training

UW Medicine
DEPARTMENT OF PSYCHIATRY
AND BEHAVIORAL SCIENCES